



## 04 Its About You, Not Them

[music]

**0:00:00.3 Speaker 1:** Are you dissatisfied with your spiritual progress, feeling stuck without knowing why even after deliverance prayers or years of therapy? Recover your dignity, find your purpose and discover the thrill of walking with God once again. Explore spiritual consultations with Sonja at [biblestudyevangelista.com](http://biblestudyevangelista.com). Click Go Deeper on the homepage, then One-on-One and find out how to cooperate more deeply with the Holy Spirit's action in your life with a spiritual consultation.

[music]

**0:00:28.3 S1:** If you like having Bible study in your pocket and you have an iPhone or iPad, why not leave a review. Search Bible Study Evangelista in iTunes and tell everyone how you're loving and lifting all you've been given. Here's Sonja.

[music]

**0:00:43.9 Sonja:** Let's get social. I'm no longer on Facebook, so come and connect with me in the new Catholic Evangelista community. Visit [biblestudyevangelista.com](http://biblestudyevangelista.com) and click Community on the menu, or scroll down to the radio notes and click the link to our community. We're sharing pics and prayers, love-the-word takeaways and insights on the daily readings, and everything else social. Come share with me.

[music]

**0:01:30.6 Sonja:** Welcome to the Bible Study Evangelista Show. I'm Sonja Corbitt, the Catholic Evangelista. And we're in number four, the episode four of our cherished series. And we're talking today about how it's about you, not them. [chuckle] So we've looked throughout the series at what it means to be cherished. First of all, we had to really look at where love comes from. We looked at our neediness and the fact that we all need to be cherished and that we're created that way, so it's not pathetic, it just is what it is and we have to lean into it, really, in order to be able to direct that properly and to receive the love that we need to grow and develop and heal. And then we talked about the Trinity being the innermost secret of God and how God draws us into that central mystery of the Christian faith in life, and he does so to heal us, but to cherish us so that we can experience being cherished and what that means.

**0:02:45.4 Sonja:** And we talked about what it means to know him and to love him in the ways that are necessary to receive that love from him. And we talked about all of that so that we could begin to place our focus on God to receive that sense of being cherished that we need. We're not gonna be able to get that usually from other people. Now, sometimes you have the gift of the kind of wife or

the kind of husband who cherishes you the way you need to be cherished and they just inherently know how to do that, but most of us don't have that, and we didn't grow up with it. So we feel needy all the time, we feel deficient all the time. And when we walk into marriage, we walk into it expecting that that other person is gonna complete us, that they're gonna cherish us, and they're gonna make us feel all the stuff we felt in the very beginning, which is a type of love, it's the seed of love. That excitement and the attraction and all of those things, that's the seed of love, but it's meant to develop into something deeper, something more lasting and something more permanent and something more eternal.

**0:04:13.4 Sonja:** And that's why we looked at marriage as being the relationship... The image of the relationship between the soul and God. And we looked at what that really meant in the Song of Solomon just to sort of get a really good grounding in where being cherished is located. It's not in other people primarily because other people cannot fill the hole of neediness that we were created with because God himself is meant to fill that. So our children, our spouses, our friends, our families, they just don't have that level of eternity in their love the way God does. Now, that's not to say that they can't love us and heal us, because they do, and that's actually the topic of today's show. We're gonna talk about how our vocation now on a practical level, how our vocation is meant to heal us. And as I said, each of us walks into a relationship thinking that that other person is gonna complete us and they're gonna do all the things for us that we never had as either children or before in other relationships. And sometimes that happens, but most of the time it doesn't, and at some point, we come up against the realization that this person is not the end-all be-all for me. And that's a great place to be.

**0:05:49.7 Sonja:** Now, if you're immature, then that's when you dump that partner or that lover or that spouse or friend or whatever, you just walk away from them because you're constantly looking for that state of excitement and attraction and the superficial kind of love thinking that that's the real thing. And it's the seed of the real thing, but it in itself is not the real thing. In the next show next week we're gonna look at love, what it actually is, pure. What is pure love? What does it look like? Because each of us has experienced counterfeits many, many, many times. Even with people who we now really love us and whom we really love, oftentimes, their love is deficient. And that's just the way it is because we're all human and we're all fallen and we all are wounded in love. So that's just how it is. But when you come up against that reality when you're first married, it can be shocking because part of the dynamic of how love works, we sort of [chuckle] don't notice the faults of the other person for all of their goodness. And that's not necessarily a bad thing either because we, in a sense, depending on how deeply we're able to share with one another before we marry, in a sense, we actually see the realest part of who the other person is when we share deeply and we bond in that courtship sort of time, if we even have that at all. A lot of people... There are a lot of counterfeits.

**0:07:30.3 Sonja:** But I'm really talking about the kind of intimate, permanent relationship that is characterized by marriage, or it should be. And I'm doing that because the Bible both begins and ends with marriage. I've said this several times. And so we cannot ignore marriage as a topic when we're talking about our relationship with God because our relationship in the Bible is characterized by a marriage. In a sense, we're all married to God. Our maker is our husband. He is our spouse. For men, he's the end-all be-all of any relationship that you've ever desired, be it with a woman or a friend or anyone. And the same for a woman, although it's easier simply because that verse in Isaiah 54:5, it talks about God in terms of husband. And so that's difficult sometimes for men, but because the Bible begins and ends in marriage, we have to all understand that we all receive from God, and

so we are, in a sense, all God's spouse. So we have to understand marriage.

**0:08:52.7 Sonja:** And one of the things that I do in a consult almost always, because consults usually involve married people, and there are usually difficulties, there are challenges in every single marriage, and that usually comes up as a topic. It's often the topic of a pop-quiz, what the spouse has said or done, or how we've reacted to something that they've said or done, or how they are, their personality and their temperament. And so we always go back to Genesis and we look at the dynamic between Adam and Eve before the fall. And we looked at that somewhat during that very first episode when we looked at neediness, where Adam and Eve were needy before the fall. Before sin entered the picture, they were already needed... Needy, I'm sorry. They needed food, they needed water, they needed cloth... Or not clothing, but climate, a perfect climate, they needed work, they needed one another in relationship, and they needed God, they needed that relationship with God. So they were needy before the fall.

**0:09:58.6 Sonja:** But there was also something else that characterized that relationship, and it was perfect... The perfect authority structure. The perfect authority structure was Adam and Eve connected horizontally and Adam and Eve connected vertically to God, so they made a triangle. So you can see how there's something of a trinity there. That was the perfect authority structure. And because Adam and Eve were in full control of their thoughts and their emotions, it worked perfectly. Adam was head of the marriage. Marriage was actually a sign of the covenant of creation. So it was created by God and Adam and Eve there were considered the first married couple. And so their authority structure worked properly, Adam was the head, Eve was subordinate to him, and they were both together subordinate to God. And there wasn't a struggle. It worked perfectly. It was in sync. There wasn't striving at all. It was a perfect arrangement. Then there is this abdication on the part of Adam to protect Eve, there is sin on the part of each, and then all hell breaks loose.

[music]

**0:11:52.5 Speaker 3:** You're listening to the Bible Study Evangelista Show, Bible study experience that tastes like cake.

[music]

**0:12:00.8 Speaker 4:** Sonja created the love-the-word Bible study method just for you. Based on Mary's personal practice and formulated for your personality and temperament, get your love-the-word meditations every Monday morning by signing up at [biblestudyevangelista.com](http://biblestudyevangelista.com). Now here's Sonja.

[music]

**0:12:36.6 Sonja:** All right. I wanna take a moment to shout out my friends of the show over the last couple of weeks: Laura H, Sandra E, Christian K, Karen B, Carol M, Elvara M, Daniel B, Regina L, Sandra McCaw, John T, Kat D, Julie F, Bottom T, Diana Vaughn G, Gig R, Sandra B, Anita B, Marie A, Heather O, Jeffrey D, Donna B, Holly R, Patricia F, Kristen O, Flavia G, Savannah A, Julia J, Ronda W, Maria L, Rosemary W, Gina S, Miranda Mik, Mariah H, and Dian G. Thank you for your support. I love you and I thank you for loving me.

**0:13:27.5 Sonja:** The word abdicate means to relinquish power or responsibility formally, to

relinquish formally a high office or responsibility. Now, the very first time I considered the Garden of Eden to be an abdication on Adam's part was when I was doing a book tour in Poland. And we were at the John Paul II, it was a center located by the Divine Mercy Chapel, where the relics of Sister Faustina are. And on the wall, the walls were covered in murals, or mosaics, not really... Well, there were murals too, but there were mosaics and paintings and that kind of thing, and there was a painting that just really struck me. I remembered looking at it going, "Where did they get that?" And Eve was standing by the tree of knowledge of good and evil, and she had a hold of the fruit and she was studying it, and her back was to Adam. She was looking at the fruit. The serpent was wrapped around the tree, you could see the serpent talking to her and she was looking at the fruit, and Adam was lounging on the ground asleep while all of this occurred. And I remember looking at that going... It was a little bit off-putting. I'm not sure why, honestly, but I don't think I had ever considered the fact that it was through Adam that the serpent went to Eve.

**0:15:10.3 Sonja:** Now, when I do one-on-one consultations, I often suggest, I'll say that, I often suggest that part of why the serpent targeted Eve specifically rather than Adam was because of something John Paul II said about women, he said that God has given humanity to woman. Now, certainly that means, literally, physically, every human being is born of a woman. But he actually meant spiritually, he was talking about spiritually. And Edith Stein actually made the same assertion in her writings on woman, she said that, of course, the protoevangelium, which is what that passage in Genesis is called, it's the first Gospel, proto meaning first and evangelium meaning Gospel, and so that whole passage there of the fall and then God's correction and then the blessing and all of that, all of that is called the protoevangelium because there is a prophecy there of the woman and her seed having enmity with the serpent and that the woman would crush the head of the serpent. So there's a prophecy there that the church has always understood to be Mary crushing the serpent's head and her seed being Christ who would ultimately defeat and reign over the serpent. So that's called the protoevangelium.

**0:16:43.0 Sonja:** But one of the things that really struck me about that, and it struck Edith Stein too, Sister Teresa Benedicta of the Cross was her religious name, and she was a martyr at Auschwitz for her people, specifically for the Jewish people, and she said something about that protoevangelium that was really interesting and profound and deep, she said that, of course, that prophecy speaks of Mary, but it also speaks of every single woman. Every woman has the duty, the privilege, and the ability to bring new life, to bring new spiritual life, but also physical life, to bring new life to the world. And so that places her in this really elevated position such that John Paul II said that God has given humanity to woman. And so when I read that, I always suggest that the reason the serpent targeted Eve was because she was the more influential of the two, and to win over her would be to win over both of them. And that's exactly what happened. So in a sense, Eve is actually stronger.

**0:18:05.9 Sonja:** Now, it's interesting that in 1 Peter 3:7, it says that women are the weaker vessel. The passage says, "Husbands, likewise dwell with your wives with understanding, giving honor to the wife as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered." Now, that's a pretty stern message there for men, but it's interesting there that... Where women are called the weaker vessel, which I'll be honest, gentleman, if you're listening, those of you who are listening, that's a joke to us women. We know better. We know that we are not weaker than you. Just let one of you get a fever or let you get sick or something like that, and you just... Most of you fall all to pieces. Spiritually speaking, we're usually stronger than you. And I'm not bragging, I'm just saying that we women understand this, we know it. And so [chuckle]

when someone makes this sort of... It used to be that people used this verse against us, that we're just weaker, so the poor man has to protect us 'cause we're weaker.

**0:19:19.0 Sonja:** Well, there's truth to that, we are physically weaker, our frames are smaller, we're not able... We're just not strong, as strong as you, but we know on the spiritual and emotional side of that, we're far stronger. And I believe that men would say that as well, if they're being honest, but I really do think that this is part of why the serpent attacked Eve rather than Adam, because Eve was a strategic target, if he could make Eve fall because of her elevated influence and her elevated role in bringing new life, both spiritual and physical, he could automatically make Adam fall. And in that mural what I saw there was that his job was to protect her, that's what Peter says there, and elsewhere in the scriptures, and men know this too. They're bigger, they're stronger, because their role is to protect us. And they're made for that. They are... Listen, I am always, always just seriously impressed with the strength in a man, it's really... It's amazing, it actually always puts me in the mind of Thoroughbred horses, like their muscles and stuff are just so... They're visible, they're... [laughter] You know what I'm talking about.

**0:20:52.5 Sonja:** So, Adam then was physically stronger and meant to protect her, and yet he didn't, for some reason he didn't protect her, so then everything falls all to pieces, and then we have this account where they turn on one another when God begins to ask questions about what happened, Adam accuses Eve and Eve accuses the serpent, and God won't listen to either of those excuses, although he does curse the serpent, he doesn't curse Adam and Eve because he's already blessed them, so he's not gonna then curse them, but He does pronounce judgment over them. And because what they have done has caused all of creation to fall into this spiritual and literal mess, their relationships have now become a mess as well, the two of them turn on one another and they accuse each other and they start hiding from God, so the authority structure is affected, and their relationships are affected. And that is where all of our relationship and authority issues in our marriages, whether we're married to the church, whether we're married to another person, whether we're married to God, the authority issues and the control issues that we have in those relationships come from the Garden of Eden.

**0:22:31.0 Sonja:** So we always return to that garden and I ask people, "Can you control... Could Adam control Eve?" And the answer is always, no. He can't control her, he can't control her thoughts, he can't control her emotions, he can't make her think the way he wants her to think, he can't make her feel the way he wants her to feel, and likewise, Eve with Adam, she can't make him see things the way she sees them, she can't make him do the things she wants him to do, but they surely do try, don't they? So our authority structure and our relationship structures are a mess in our marriages because of what happened in the Garden of Eden, and we still don't know how they're supposed to act, so we're out from under proper authority in our marriages with one another, husbands and wives and we're out from under the proper control, self-control, instead we're trying to control one another, and that's where we get into a mess in a marriage, and that's why God has to heal us.

[music]

**0:23:53.6 S3:** You're listening to the Bible Study Evangelista Show. Bible study experience that tastes like cake.

**0:24:01.0 S4:** Did you know you can get Bible study Evangelista radio notes and podcast delivered

to your inbox every Monday morning. Redeem Your Mondays, join thousands of your fellow listeners by subscribing at [biblestudyevangelista.com](http://biblestudyevangelista.com). Now, here's Sonja.

[music]

**0:24:53.3 Sonja:** Now it's not just that we have to heal from what we have done to one another in a marriage, we bring in our wounds from our childhood and previous relationships and all kinds of baggage into the marriage already, and then we wound one another in marriage and all I'm here to tell you through this series, Cherished, is that your healing is not about whether or not they get healed, it's not about whether or not they get it, it's not about whether or not they do what they're supposed to do at all. Your marriage is about you, your healing is about you, it has nothing to do, it is not conditional on what the other person does at all, it is solely about you and your relationship to God and your relationship to yourself, and I'll prove that to you here in just a few moments, but I wanted to lay the foundation, the groundwork in Genesis, because that shows us the nature of the problems that occur in our marriages, everybody wants to listen to a podcast or a series or a sermon or whatever on how to fix that spouse. How can I have a happy marriage? How can I fix them? How can I make them do what I want them to do? How can I...

**0:26:23.9 Sonja:** And do you see how all of that is manipulation and control? That's all it is. If your focus is on the other person, your focus is in the wrong place, the whole point of being cherished, of understanding what being cherished means is to get your focus off the other person and put it on yourself, it is about you and your healing and your wounds, not them. In fact, psychologists and marriage therapists and marriage counselors tell us that there are two reasons why we choose our spouses. Now, this happens subconsciously, we're not looking around doing this. But there are two reasons why we choose our spouses, the first we talk about this in Consults all the time related to the Genesis story. The first reason we choose our spouses is because they give us something we did not get from our parents. The second reason is because they challenge us in our wounded-ness that we received from our parents. So your spouse is going to trigger you in your deepest wounds, and that's how it's supposed to be. That's how it's meant to be. That's why you chose them.

**0:27:45.8 Sonja:** Subconsciously, you chose them because they were like your parent in important ways, and they wound you in those same ways in order, so that you will learn how to deal with those wounds now that you received as a child, and to temper that some we choose them because they have qualities that they nurture in us that we never got from our parents. Now, I intended that my husband would join me for this particular episode because I wanted to get a man's point of view, a husband's point of view of how this works in marriage, but too many things happened and it just... It became clear that it's just not meant to be, so I'm gonna do my best to stand in for him, and you know from my point of view how that worked, but I'll just... I'll reiterate it for some of you who haven't been with me very long and don't know.

**0:28:53.3 Sonja:** I have a father wound, and I have shared it throughout the series somewhat, but it was my husband that healed me of that and it was indirectly... He doesn't have the capability. And I realized it very early on in our marriage, because some wise, truthful, brave person said to me, "Your husband is not meant to be everything you need, you must go to God for that." And someone... And I believe it was my mentor told me that, and it changed everything for me because I stopped relying on my husband and being disappointed when he couldn't love me the way I needed to be loved, but he did heal me only indirectly.

**0:29:42.2 Sonja:** So I chose my husband because he loved me unconditionally, he didn't expect me to do things for him, to want to spend time with me, he didn't criticize me when we were together about silly little things, perhaps what I wore or how I talked, or he didn't do any of that. He gave me this unconditional love, and I just opened under it, and it was just the natural way of who he is. He also had the gift of criticism, but I didn't know that till we'd been married for a little while. [laughter] And that's how it works too, so what I received from him that I did not get from my parents, namely from my father, was that unconditional love.

**0:30:34.3 Sonja:** My father's love was always demonstrated to me with a bag of conditions. I had to be a certain way, I had to do certain things, and if I didn't do those things, I got the silent treatment. I was ignored, I was punished, I was physically beaten. Sometimes I was hurt and in so many different ways, I actually remembered this week. And it was odd that I remembered it before the Consult that I had with someone who also experienced this as a child, but I can remember being so hurt and not knowing what to do with all of that emotion.

**0:31:21.7 Sonja:** I could not express it in anger, I couldn't express it, and I couldn't even cry because if I cried, my dad would tell me, "You better dry it up, I don't wanna see a single tear." And so I couldn't cry. I couldn't be angry, I couldn't do anything. And I can remember I used to bite my arms so hard they would bleed, and I had bite marks all over the upper parts of my, between my elbow and my wrist, just all over my arms, and I also remembered last a couple of weeks ago, it was really odd, I don't know why this came back up, but I remembered one time when my father actually held me in a way that felt safe and loving and...

**0:32:07.1 Sonja:** I'm embarrassed to even say this, but I'm gonna tell you what I did. I was in my bedroom and I was banging my head on the floor out of just sheer frustration and anger and hurt, and I must have been doing it so hard that they heard me outside of my closed bedroom door because my parents came in and my dad scooped me up off the floor and put me in his lap and he just held me, and I don't remember anything that was said, all I remember was being there for probably the first time, and I don't remember any time after that, but I just remember being there and feeling safe and feeling loved, but I know that it was that episode with me banging my head on the floor that caused that reaction and so you can see then that I did not receive unconditional love from my father, I did from my mother, and so I knew what it looked like and what it felt like.

**0:33:10.1 Sonja:** And when my husband and I began to date, that's what I received from him. I had all kinds of habits that I knew weren't right, that I didn't even want to be doing, but I was doing them, but he never pointed them out and he didn't criticize me for them, and I'm my worst critic and my worst enemy. So that was the thing that he gave me, that began sort of that healing in me, and to this day, he's still that way, even though he has the gift of criticism, in other ways, I know he loves me, and the criticism is not enough to overpower that unconditional love that I know is actually there too, he demonstrates it.

**0:33:53.8 Sonja:** He demonstrates it with his... Who he is and the things he does, so I know that he loves me, so that was what I got from him. But he tweaked me in unmercifully in my wound, my father wound through that gift of criticism because I could never live up to the standards that my dad wanted me to reach, and every time I would reach one, he would make the standard higher. So I was constantly trying harder and pushing further, and he saw that as, he was military, so he saw that as like conditioning or something, I guess, but all I saw and felt was this complete inability to ever make him love me or to be lovable, I was bad, and I knew it at the core of my being, there was

something wrong with me and I was bad, he let me know it by the way he parented and the way he dealt with me and not just me, my mom too, and my sister. But that was the second part of why we choose our spouses, I chose my husband because he gave me and demonstrated to me unconditional love, but he also had a gift of criticism that absolutely. It was like a knife in the heart frequently, so it was a challenge in my wound.

[music]

**0:35:54.4 S3:** You're listening to the Bible Study Evangelista Show. Bible study experience that tastes like cake.

**0:36:01.0 S4:** If you love having Bible study in your pocket, you can become a friend of the show, click on the yellow friend of the show button on biblestudyevangelista.com, and become a supporter of any amount in any frequency. Now, here's Sonja.

[music]

**0:36:41.4 Sonja:** So the point then of why we choose our spouses is so God can heal us in our wounded-ness, so the pop quizzes that you experience at the hands of your spouse, they're not about him or her, they're about you and your wounded-ness, and if you'll notice, your spouse wounds you in the same exact ways, or similar ways, at least the emotion is the same exact emotion, in the same ways that your parent also wounded you, and the reason God allows that is so we can pay attention to those deeper, older wounds. Now, I am doing right now a, it's called a sacred healing master class over in the community, and I'm talking specifically about all of these things.

**0:37:35.8 Sonja:** Particularly pop quizzes, so if that's not something you've heard me say before or you want more information on how to heal in this kind of way, you need to make it over to the community and click on courses on the left-hand margin, because we're talking about discerning the pattern in our relationships, particularly marriage relationships with children, with spouses, with everyone, why in the world did these people continue to hurt me in the same ways. So we're looking at discerning our patterns, uncovering the root wound and emotion that has been driving all of our self-medicating habits and our terrible behaviors, we're looking at how to isolate and target that wound. How to Identify and permanently remove blocks to healing.

**0:38:29.9 Sonja:** How to experience inner healing, how to... We've already talked about how to understand why you feel so needy, we're talking about all of this stuff, outgrowing destructive coping mechanisms, erecting proper boundaries, which we'll talk about in a... Not next week, but the week after I think here in Cherished, we'll talk about how to guard our peace, how to receive focused healing prayer over in the master class and how to formulate a long-term strategy, especially with these pop quizzes, how do you deal with this relationship, this marriage, when it's such a mess, and it's so painful. And sometimes it's abusive. What do you do in that situation? Well, we're gonna talk about it here, but sometimes you need more targeted, more individual information and tools for how to heal from some of this, so that's why I'm offering that master class over in the community. And it's open to everyone.

**0:39:28.0 Sonja:** It's half the cost of a one-on-one consultation, and that's why I wanted to do it because I wanted to offer healing in the way that I offer it in a one-on-one consultation, in a way that was accessible to more people. Now, it seems like \$399 is a lot of money, and I understand



that, but listen, just one of the methods that I trained in, it cost me \$800. So just that one thing. You're getting that too. And yet, in that one method I didn't learn, I'd say maybe not even a quarter of what I present there is that one method, and that was an \$800... It was actually more than \$800, 'cause I had to do something else before I could even take the course.

**0:40:20.3 Sonja:** So all I'm saying is, it seems like a lot of money, and it is, I'm not making light of that, but I'm saying it is an investment that you will never, never regret. It's half the cost of a one-on-one consultation, and it gives you all the information that I use in a consult, one-on-one without actually explaining what I'm doing. So I'm showing you how to heal in these relationships, how to understand a pop quiz, how to find the root emotion and the predominant fault in them, how to follow those and allow God to heal you in them while you're in the crappy relationship, because it's about you, it's not about them.

**0:41:06.5 Sonja:** We want them to change. We want them to get it, and I understand that, but it's not about them. And if you change and you get it and you start getting under the proper authority structure, which we'll talk about next week, I don't think I'm gonna have time to do that this week, we'll see, if you get under the proper authority structure and you stop trying to manipulate and control the other person. I think you'll be amazed at the changes that start to occur, ask any husband who has a wife who belittles him or puts him down in front of other people who will not listen to his opinion on things or even ask his opinion, who doesn't respect him. Ask that husband how he feels about his wife, and I promise you he don't feel like loving her. On the same... On the other side of that, husband what wife respects a man who won't protect her and her children, If you're abdicating your position of rightful authority the way Adam did, falling asleep in the garden while the whole family is being attacked here and there and everywhere, how do you expect her to respect you? So it's a two-way street.

**0:42:32.7 Sonja:** Ladies, we have to get underneath the proper authority structure, that means God is the head of the marriage, and he speaks and he protects, and he guides through the authority of the husband. Now, so many of you say to me, "Well, he won't do it." Well, I'm telling you, if you back up far enough and leave it to him... Nine times out of 10, he will do it. He doesn't do it now because you won't let him... Or when he does try, you belittle him, or you criticize him, or it's not done the way you want it done, or it's not done the way you think it ought to be done, there's always something... And if he doesn't do it fast enough, then you step in and you do it anyway. You don't give him the respect and the honor of being the authority, most times, most of us, ladies... You know this is true.

**0:43:35.3 Sonja:** Now, don't stone me, but it's time now we've gone through the sweetness and light of the first three shows, and it's time now to get some truth. The truth is, many times our husbands do not take the proper authority in our homes because we simply step in and do it, and the excuse is that he doesn't do it or he won't do it, or he doesn't do it right, but the truth usually is, we don't want him doing it. We want to make the decisions, we want it done the way we want it done, we want it done on our timing, and we don't allow him to make those decisions, and this is the backward side of the pendulum swing from the days when the wife was simply barefoot and pregnant and told to sit down and be quiet and do what she was told, and now she got a little bit of authority and power in the marriage, and now she tries to wear the breeches.

**0:44:34.5 S1:** Now, it's happy wife happy life. If I told you how disgusted I get when I hear that, it makes me sick to my stomach, if that's the way your household is run, I guarantee you it's in a mess,

I bet your marriage is in a mess, I bet your children are in a mess, I bet your home is in a mess? Happy wife, happy life is a bunch of crap. Now, the wife will be happy if she's under the proper authority structure, if she's not trying to control or manipulate her husband, and the husband will feel respected if he's loving his wife, but the woman has to go first, why? Because humanity was given to woman, humanity was given to woman, and that means woman must go first, that means she has to humble herself, that means she has to do the right thing first, that means she has to seek God first, that means she has to get under God's authority through her husband first, she has to treat him the way she wants to be treated, that's because it is in her power and it is her privilege to be the giver of life, literally and spiritually. Ladies, if you will get your shit together and you will do what I'm telling you, get yourself under the proper authority structure and stop trying to control and manipulate your children and your husband, I promise you, you will see changes in your marriage and your family that you could not even imagine.

**0:46:05.7 Sonja:** I am living proof. It is not about them. It is about you, your relationship with your spouse, whether you're a man or a woman, a husband or a wife, whether you're married to the church and you're a religious or a priest, whether you're single and you have relationships that you cannot work out. The issue is not the other person, it's always you, yes, they hurt you, but why are you so hurt and where is the wound that that comes from? And how old is it? And how old were you when you got it, and what was going on? And how can you open that up to God so that He can pour His love in it? I teach you how to do this in that master class on the community page on my website, biblestudyevangelista.com, click community, click into the community, and then on the left-hand side, click on courses and you can preview and look at the whole thing. I'm teaching you how to do that, but I'm telling you right now, if you don't get under the proper authority structure in your home, both Ladies and Gentlemen, gentlemen, if you don't step up and start being the head of your homes, nothing is gonna change. Part of your healing has to do with taking on the correct role in your marriage and in your relationships.

[music]

**0:47:51.8 Speaker 5:** Thank you for listening to the Bible study Evangelista Show. Find out more at biblestudyevangelista.com.mark